

Easy Read Information on Coronavirus



Is Coronavirus serious

It can be serious for people who have other health problems

It is serious for older people

These people may need to go in hospital

Some people are dying from Coronavirus

It is not serious for most people

It is very easy to catch Coronavirus

It will feel like the Flu



You may have one or all of:

A dry cough

Aches and pains

Difficulty breathing

A fever and feel hot



How can you catch it?

You can catch it if close to someone who has it

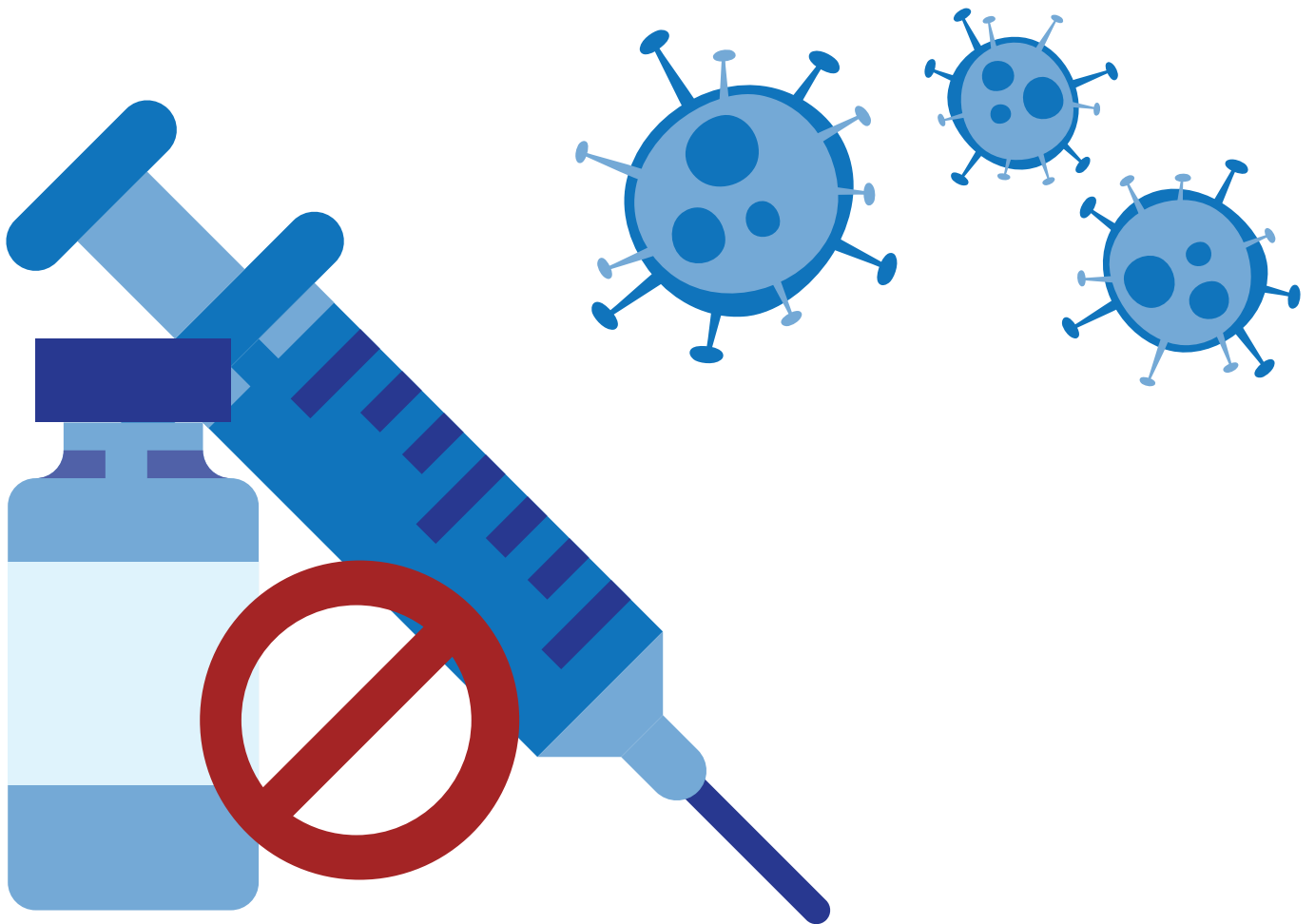
You have touched an infected surface



Can we cure it?

There is no cure at present

You can't get an injection to stop you getting it



How can you stop the Coronavirus spreading

Symptoms may not show for 2 weeks

Stay home and stay safe

Order food and medicine delivery



Wash hands with soap and water:

After using toilet

Before cooking

Before eating

Before leaving home

When coming home



Do not:

Do not touch eyes, nose and mouth with unwashed hands

Do not share cups or bottles

Do not share things that touch mouth or nose like: bedding, dishes, knives and forks, tissues and towels

If you feel unwell

Keep away from others

Stay at home

Don't go on a bus or train

Don't go to a doctors, pharmacy or hospital



If you do not get better after 7 days

See WWW.NHS.UK for more information

If you don't have the internet call NHS 111 for advice

In an emergency call 999 immediately



Most people get better with

Drinking water

Medicine for cough

Medicine for fever

Rest

